

SEPTEMBER 2023

North Bolivar Consolidated School District Lunch Menu – Pre K through 8th Child Nutrition Department

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.

Cook's Choice

Today's Special
Selections Chosen
Especially for You By
Our CND Staff

Choices Daily

- *Low-fat Milk
- *Chocolate Milk
- Strawberry Milk
- *Vanilla Fat-Free Milk
- *Lactose-free Milk
- *Soy Milk

Offered Weekly

- * Chef, Tuna, Chicken Salad
- Or Chicken Fajitas Salad

"In accordance with Federal Law and U.S. Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability"

All menus are
subject to change.

USDA is an equal opportunity provider
and employer"



Regular Meal Pattern

Pre K through 8th



4

Southern Beef Lasagna
Chef Salad or Tuna Salad
W/Crackers
Sweet Buttered Rolls
Corn on the Cob
Seasoned Green Beans
Fresh Fruit
Choice of Milk
Salad Dressing

5

Barbecue Chicken
Tuna Salad Salad
Chef Salad W/Crackers
Macaroni & Cheese
Mixed Vegetables
Buttered Rolls
Fresh Fruit
Choice of Milk

6

Beef Taco w/Crispy Shells
Chips, Tortilla, WG,
Chef Salad
Saltine Crackers
Pinto Beans
Carrots With Dip
Fresh Fruit
Taco Sauce or Salsa
Choice of Milk

7

Bacon Cheeseburger
With Trimmings, Pickle Spears
Chef Salad W/Crackers
Potatoes Wedges
BBQ Baked Beans
Fresh Fruit
Ketchup, Mustard, Mayo
Choice of Milk

8

11

Buffalo Hot Wings
Chef Salad W/Saltine Crackers
Potato Wedges
Corn On The Cob
Fresh Fruit,
WW Garlic Toast
Choice of Milk
Ketchup, Ranch Dipping Sauce

12

Spaghetti Meat Sauce
Chef or Tuna Salad
Saltine Crackers
Buttered Rolls
Corn on the Cob
Sweet Peas
Fresh Fruit
Choice of Milk
Salad Dressing

13

Lemon Pepper Chicken
Tuna or Chef Salad
w/Crackers
Buttered Rice
Cabbage
Corn Bread
Fresh Fruit
Choice of Milk
Hot Sauce

14

Hamburger Steak W/Gravy
Tuna Salad Salad W/Crackers
Mashed Potatoes
Green Beans
Sweet Rolls
Fresh Fruit
Choice of Milk
Salad Dressing

15

BBQ Rib Sandwich
Mexican Pizza
Potato Wedges
BBQ Baked Beans
Fresh Fruit
Choice of Milk
Ketchup
Chocolate Chip Cookies

18

Chicken Strips
Tuna Salad Salad w/Crackers
Mashed Potatoes & Gravy
Seasoned Green Beans
Buttered Sweet Rolls
Fresh Fruit
Choice of Milk
Variety Dipping Sauce
Salad Dressing

19

Beefy Nacho Grande
Chicken Salad W/Crackers
Baked Potato Wedges
Broccoli & Cheese
Fresh Fruit
Choice of Milk
Taco Sauce, Sour Cream
Ketchup, Mustard

20

Lemon Pepper Chicken
Tuna or Chef Salad
w/Crackers
Buttered Rice
Pinto Beans
Corn Bread
Fresh Fruit
Choice of Milk
Hot Sauce

21

Turkey & Cheese Hoagie W/Trimmings
Chef Salad W/Crackers
Crinkle Fries
Baby Carrots W/Dressing
Fresh Fruit
Choice of Milk
Mayonnaise, Mustard or Ketchup

22

Meat Lovers Pizza
Chef Salad W/Crackers
Whole Kernel Corn
Potato Wedges
Fruit Freeze
Choice of Milk

25

Chicken Tetrazzini
Chicken Salad W/Crackers
Green Beans
Carrots With Dip
Rolls
Fresh Fruit
Choice of Milk

26

Pork Chops W/Gravy
Tuna Salad Salad W/Crackers
Rice W/Gravy
Mixed Vegetables
Sweet Buttered Rolls
Fresh Fruit
Choice of Milk
Salad Dressing

27

Spaghetti Meat Sauce
Chef or Tuna Salad
Saltine Crackers
Buttered Rolls
Corn on the Cob
Sweet Peas
Fresh Fruit
Choice of Milk
Salad Dressing

28

Roasted Bone-In Chicken Wings
Chef Salad W/Crackers
Saltine Crackers
Fiesta Rice
Broccoli & Cheese
Buttered Rolls
Fresh Fruit
Choice of Milk
Sweet and Sour Sauce

29

BBQ Rib Sandwich
Mexican Pizza
Potato Wedges
BBQ Baked Beans
Fresh Fruit
Choice of Milk
Ketchup
Salad Dressing